



Delivering Evidence-Based Obesity Management Advanced Practice Course 4th October

[APPLY HERE](#)

An Interactive Tutor-Led Online Education and Training Programme

The NIPC are delighted to offer this free, online training and education programme, designed to equip healthcare professionals in Ireland with the core knowledge, skills and competences to deliver evidence based obesity management.

The course begins with a live online introductory session, followed by 8 self-paced online modules that are completed over 3 months, and culminates with a live online interactive consolidation session.

The course will cover:

- The upcoming ASOI Obesity Clinical Practice Guidelines
- Understanding obesity and the current situation in Ireland
- Obesity Stigma & Patient perspectives
- Obesity assessment in primary care
- Obesity treatment in primary care
- Medical nutritional therapy
- Physical activity and movement
- Psychological and Behavioural Interventions
- Treatments in obesity management
- Common complications of obesity and their management

**APPLICATION
DEADLINE:
1ST SEPTEMBER**

Applications are welcome from current healthcare professionals practicing in Ireland working within **Chronic Disease Hubs** or **in the area of chronic disease management within primary care.**

Applications will be reviewed by an independent selection panel. The development of this course has been funded by HSE and supported by the National Clinical Programme for Obesity.